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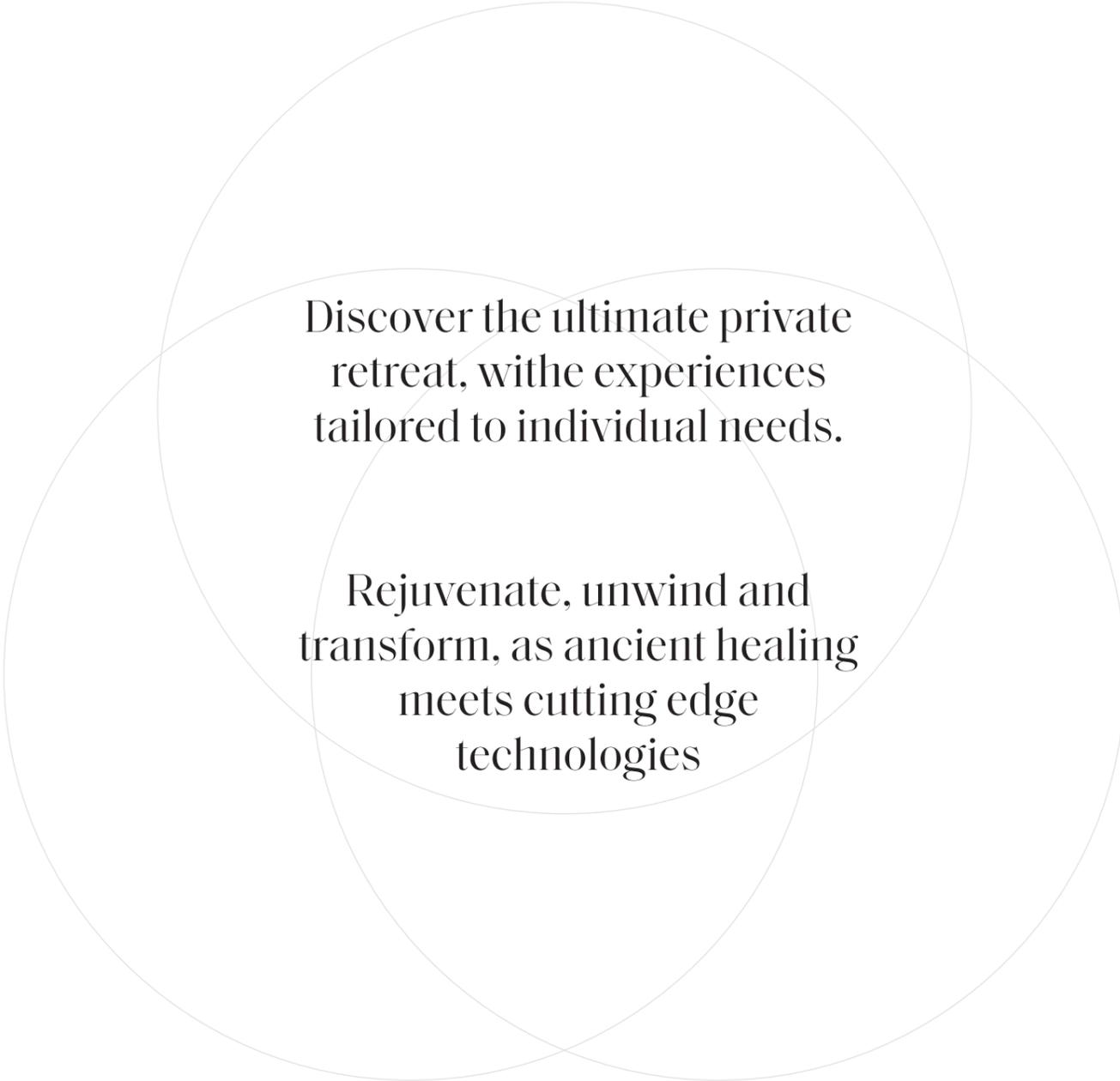


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Soul Wellness



Discover the ultimate private
retreat, with the experiences
tailored to individual needs.

Rejuvenate, unwind and
transform, as ancient healing
meets cutting edge
technologies



“discover inner joy where you can truly relax, unplug and recharge... Explore the the power of holistic well-being, combining ancient wisdom with modern innovation to create a harmonious balance in life transformation and inner growth”

OYA

CONNECT | HEAL | LIVE

*“Become the best version of
yourself”*

At OYA, we firmly believe in the power of personalized journeys that cater to your unique needs and aspirations. We take pride in being the architects of your lifetime experience, shaping a transformative path that aligns perfectly with your individuality.

As a catalyst for positive change, OYA offers fully tailored journeys and programs designed around your interests, goals, and requirements. Recognizing that one size never fits all, our sustainably built facilities provide top-tier accommodations and amenities.

Immerse yourself in modalities of health optimization, biohacking, ancient healing practices, plant healing, herbalism, as well as nature and adventure activities. Engage in sustainability workshops that empower you to make a positive impact on the world.

OYA collaborates with leading experts in each field to ensure a superior level of experience and education. Together, we've created a nurturing environment where wisdom and leisure intersect, fostering personal growth and development.

Discover the enchantment of OYA as we lead you towards a life filled with well-being, purpose, and fulfillment. Experience the magic of personalized transformation with us.





“Delve deeper, heal whole”

Blending modern science and ancient
knowledge.

Our holistic experiences are meticulously crafted to meet your unique needs, igniting the inner energy and harmonizing spirit for profound levels of relaxation, meditation and healing.

Our health optimization sessions offer an unprecedented opportunity to delve into body's imbalances, providing insight into the path towards holistic well-being and overall health.



SPA & WELLNESS

CACAO MASSAGE

Indulge in the nurturing and invigorating Cacao Massage, featuring the finest cacao from the Dominican Republic. Experience improved circulation, deep relaxation, and rejuvenation as the healing properties of cacao envelop your senses.

THE INTEGRATION MASSAGE

Our signature bodywork treatment is as customizable as it is healing. Enjoy rejuvenating experience that relieves stress, soothe sore muscles and allows you to enjoy an unlimited restorative experience

OSHUN REIKI HEALING

Experience the powerful combination of ancient healing practices originated in Peru and Oshun Reiki energy work. Facilitate deep healing, restoration, and spiritual growth as you tap into the profound energies of the universe.

REGENERATIVE STRUCTURAL BODYWORK

The Exclusive Gebi Method was designed to activate and turn back on the dysfunctional parts of your body. Stress, trauma, injuries manifest in our body and for optimal health it's necessary to release those. For past 22 years Gebi was training elite humans in their quest to express pain free life, longevity & overall health.

ACUPUNCTURE & BODYWORK

Experience the healing benefits of acupuncture combined with various bodywork techniques, cupping & moxa. Stimulate your body's natural energy flow, release tension, and promote overall well-being through this holistic approach to health.

AQUATIC THERAPY

Healing aquatic bodywork that creates expansion and a sense of well-being. Immerse yourself in the therapeutic properties of water through Aquahara. This unique practice combines water therapy, gentle movements, and relaxation techniques to promote deep relaxation, stress reduction, and rejuvenation.

TANTRA

Explore the ancient practice of Tantra, which integrates spirituality and sensuality. Discover techniques to enhance intimacy, expand pleasure, and cultivate a deeper connection with yourself and your partner.

SHIATSU

Indulge in the healing power of touch with Shiatsu, a traditional Japanese bodywork therapy. Experience gentle pressure applied to specific points along the body's energy meridians to promote relaxation, balance, and overall well-being.



BOOK NOW





BIOHACKING FACIAL REJUVENATION

Light therapy & bioresonance anti-aging treatment. Harness the power of biohacking to rejuvenate and enhance the appearance of your skin. This innovative facial treatment utilize cutting-edge technologies and techniques to promote skin, rejuvenation, increase your own collagen and elastane production. Reduce puffiness and toxins, stimulate muscle tone, and restore elasticity.

REMEDY SCRUB

Experience a sensory journey that uplifts the spirit and induces relaxation. Revitalize your body with a personalized body scrub, meticulously crafted from organic ingredients. Our formula includes natural exfoliants like organic sugar or salt, delicately buffing the skin to unveil a radiant complexion. Enriched with a fusion of nourishing elements such as moringa, activated charcoal, locally sourced organic honey, or cacao, alongside essential oils, our scrub delivers both rejuvenation and healing properties.

ACCESS FACELIFT

Experience the transformative effects of the Access Facelift, a non-invasive energetic technique that stimulates the body's natural healing capacities. Rejuvenate your face and rejuvenate your entire being with this gentle and relaxing process.

ANTIFUNGAL THERAPY

Address fungal infections and promote healthy skin with our specialized antifungal therapy sessions. Our treatments target fungal overgrowth to restore balance and promote optimal skin health.

NATIVE CLAY REMEDY

Re-energize the body with a fusion of complementary treatments. Your skin will be polished to perfection, then the unique clay body mask will harness the power of fruit enzymes and spices such as fennel, ginger, clove and turmeric to purge impurities and detoxify the skin. A target tension relieving massage will complete the experience, leaving you fully revitalized

BREATHWORK

Explore the power of conscious breathing with our transformative breathwork sessions. Dive deep into your breath to release stress, increase energy, and unlock your body's natural healing potential.



BOOK NOW



Health OPTIMIZATION

HEALTH OPTIMISATION BODY SCAN

Utilize our state-of-the-art biofeedback scanner to uncover valuable insights into your holistic health and wellness. Gain unprecedented visibility into your body's inner workings and receive customized tinctures tailored to your unique biomarkers. Our thorough protocols meticulously evaluate key biomarkers, identifying both temporary fluctuations and long-term imbalances, empowering you to optimize your well-being and make informed lifestyle decisions.

IONIC DETOX FOOT BATH

Cleanse and detoxify your body with our revitalizing ionic detox foot bath. This gentle and relaxing treatment helps draw out impurities, boost energy levels, and promote overall well-being.

RED LIGHT THERAPY

Experience the rejuvenating effects of red light therapy, which stimulates cellular regeneration and promotes healing. Improve skin health, reduce inflammation, and enhance overall vitality with this non-invasive therapy.

LIVE BLOOD ANALYSIS & NUTRITIONAL HEALTH ASSESMENT

Discover the state of your health with our in-depth health assessment through live blood analysis. Gain a deeper understanding of your body's needs. Our experts will guide you on optimizing your diet, addressing specific health concerns, and achieving your wellness goals through personalized nutrition plans for improvement of your overall health and well-being.

LYMPH DRAINAGE

Support your body's natural detoxification processes with our lymph drainage sessions. Through gentle massage and specialized techniques, we help improve lymphatic flow, reduce fluid retention, and enhance overall detoxification.

COLD PLUNGE

Invigorate your body and mind with our cold plunge sessions. Experience the benefits of cold therapy, including improved circulation, reduced inflammation, and enhanced immune function. Embrace the power of cold for optimal well-being.



BOOK NOW





PERSONAL development

PERSONAL CONSTELLATION

Understanding one's Personal Constellation involves introspection, self-discovery, and recognition of the unique amalgamation of elements that make up their identity and life path. Allow our therapist to look into your personal constellation and receive profound guidance on your lifepath whether it's work, love or life related.

MINDSET COACHING

Unlock a journey of self-discovery, personal growth, and empowerment with the support of a personal development coach. Set meaningful goals, uncover limiting beliefs, and create a roadmap for positive change and fulfillment .

GUIDED MEDITATION

Embark on a journey of inner tranquility and self-discovery. Dive into a realm of profound relaxation and mindfulness as our expertly crafted sessions transport you to serene landscapes of your mind. Embrace the power of meditation and unlock a deeper connection to yourself and the world around you.

SELF EMPOWERMENT

Discover your inner power and step into your authentic self. Unlock techniques and practices to cultivate self-confidence, self-love, and personal empowerment, creating a solid foundation for personal growth and fulfillment.

ASTROLOGICAL CODE READING

Peer into the future and deep within as our spiritual facilitator reveals your stars through an alchemy of astrology and psychology, enjoyed with an inspiring glass of wine. Crafted to help you discover and reveal your own 'north star' and the burning fuels that propel you towards your destiny.

CONSCIOUS COUPLE CONNECTION

Strengthen your relationship and deepen the bond with your partner through this transformative workshop. Explore conscious communication, emotional intimacy, and practical tools for building a loving and harmonious partnership. Discover techniques to express your needs, set boundaries, and engage in loving and constructive confrontations.



BOOK NOW

HOLISTIC HORSE EXPERIENCE

Connect with the wisdom and healing energy of horses through experiential activities. Learn to communicate non-verbally, develop trust, and gain insights into your own emotional intelligence and personal growth.

ENERGY HEALING

Tap into the healing energies of the universe with our energy healing sessions. Our skilled practitioners will work with your body's energy fields to promote balance, release blockages, and restore harmony on a holistic level.

SPIRITUAL GUIDANCE THROUGH ORACLE READING

Receive profound insights and guidance from the divine realm through the ancient art of Oracle reading. Tap into your intuition and gain clarity on your life's path with the assistance of our experienced spiritual guides.

HYPNOTHERAPY

Access the power of your subconscious mind through hypnotherapy. Release limiting beliefs, overcome obstacles, and create positive changes at a deep level, tapping into your inner resources and unlocking your full potential.

THETA HEALING

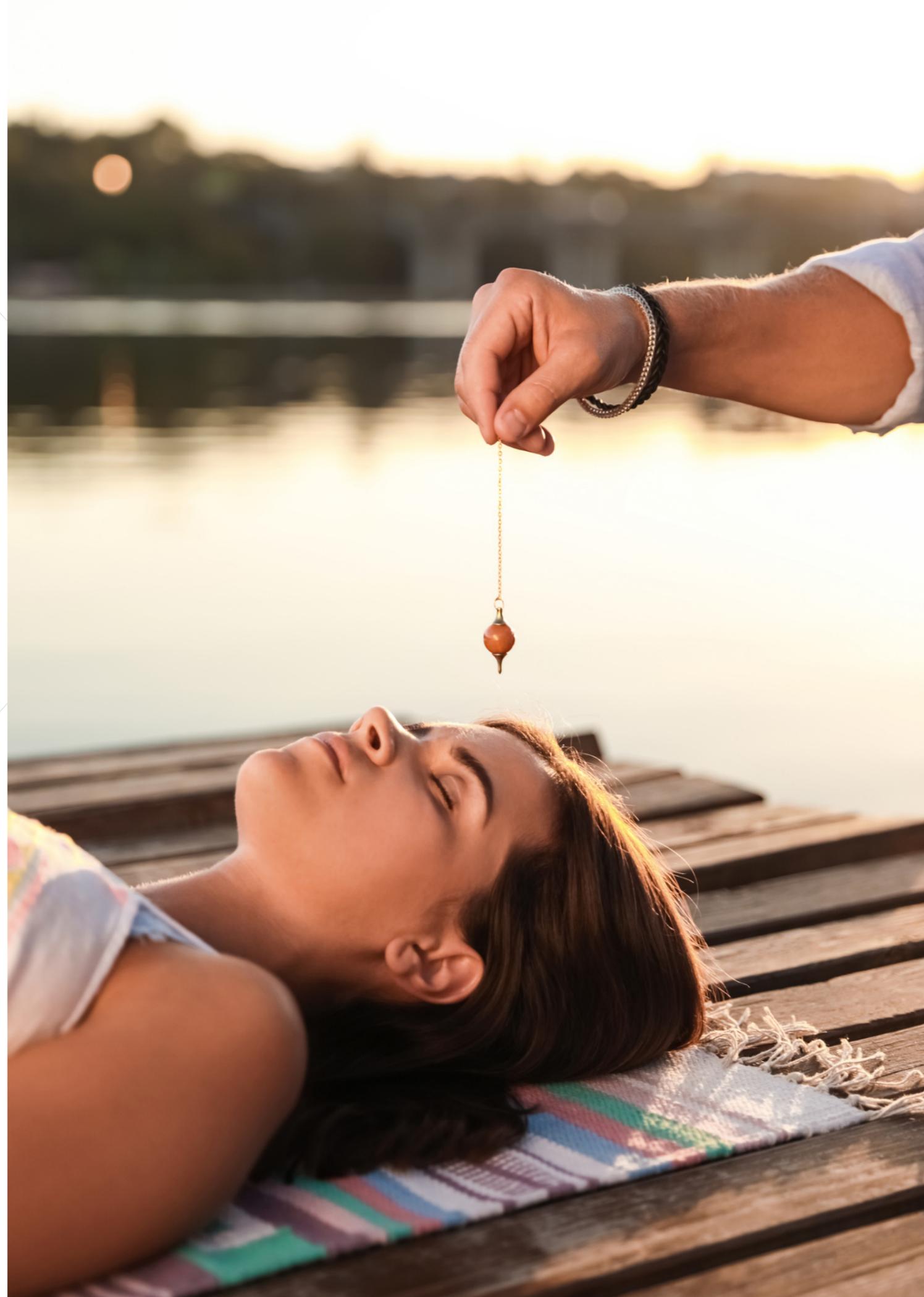
Embark on a transformative journey of self-discovery through Theta Healing. This powerful modality helps to release limiting beliefs, emotional blockages, and traumas. Access the power of your subconscious mind through hypnotherapy. Release limiting beliefs, overcome obstacles, and create positive changes at a deep level, tapping into your inner resources and unlocking your full potential.

INDIGENOUS SOUND HEALING

Embark on a transformative journey of sound and vibration as you experience the healing power of sound therapy. Harmonize your energy centers, and receive personalized downloads and guidance from our specialist. Release stress, and achieve deep relaxation, healing and rebalance through the resonant frequencies of sacred instruments.



BOOK NOW







ANCIENT wisdom

INDIGENOUS HEALING

Harness the healing powers of native plants and botanicals. Embark on a mystical journey guided by a shamanic practitioner. Enter altered states of consciousness to explore hidden realms, connect with spirit guides, receive guidance, and deepen your spiritual connection.

ANCESTRAL HEALING

Dive into the depths of your ancestral lineage to heal past wounds and gain a deeper understanding of your family's legacy. Through sacred rituals and energetic work, release ancestral patterns and create a path of healing and empowerment.

CACAO RITUAL

Experience the heart-opening and transformative properties of ceremonial-grade cacao. Connect with the spirit of cacao and embark on a sacred journey of self-discovery, healing, and spiritual awakening.

KAMBO DETOX

Purify and cleanse your body, mind, and spirit with the healing power of Kambo, a sacred Amazonian frog medicine. Experience the profound detoxification and revitalization effects of this traditional healing ritual.

SWEATLODGE/TEMAZCAL

Ceremonial structure used by various cultures for healing and spiritual purposes, promoting physical, emotional, and spiritual well-being. The intense heat and steam generated in a sweat lodge cleanse the body of toxins, promote sweating and detoxification, and restore balance to the mind, body and spirit.

ROOT HEALING & CORD RELEASING

Delve into the foundation of your being and heal deep-rooted emotional wounds. Release fears, insecurities, past traumas, energetic attachments and cords that no longer serve your highest good. Clear stagnant energy and establish healthy boundaries, freeing yourself from past relationships or situations that hold you back. Allow yourself to anchor into a state of stability, security, and empowered self-expression.



BOOK NOW

“Rooted in centuries-old traditions
and passed down through
generations. Journey of self-
discovery and transformation
that honors the interconnectedness
of mind, body, and spirit.

Reconnect with the wisdom of your
ancestors and embrace the healing
traditions of indigenous peoples”

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*Welcome to
Transformation
reimagined*